



Sarah M. Kauffman, MD is a Columbia-trained, board-certified psychiatrist who specializes in reproductive and forensic psychiatry. She is originally from San Diego and completed her medical training at the University of California, San Diego (UCSD). She then completed her general psychiatry residency training, as well as a Women’s Mental Health Fellowship and Forensic Psychiatry Fellowship, at Columbia University in NYC. Dr. Kauffman has authored papers and book chapters related to the intersection of women’s mental health and forensic psychiatry and has been a board member on several mental health organizations. She is also actively involved in advocacy and speaking to the community about reproductive psychiatry and the intersection of mental health and the law. Dr. Kauffman believes in a comprehensive and person-centered approach to women’s mental health.