



**Sarah M. Kauffman, MD** is a Columbia-trained, board-certified psychiatrist who specializes in reproductive and forensic psychiatry. She is originally from San Diego and completed her medical training at the University of California, San Diego (UCSD). She then completed her general psychiatry residency training, as well as a Women's Mental Health Fellowship and Forensic Psychiatry Fellowship, at Columbia University in NYC. Dr. Kauffman has authored papers and book chapters related to the intersection of women's mental health and forensic psychiatry and has been a board member on several mental health organizations. She is also actively involved in advocacy and speaking to the community about reproductive psychiatry and the intersection of mental health and the law. Dr. Kauffman believes in a comprehensive and person-centered approach to women's mental health.



**Robert G. Louis, MD, FAANS** specializes in minimally invasive brain tumor surgery, skull base surgery, neuroendoscopy, microneurosurgery and pituitary surgery. He has particular expertise in endoscopic and minimally invasive treatment of benign and malignant brain tumors, sellar and parasellar tumors and skull base tumors. Through the use of cutting-edge neuroimaging and neuro-navigational equipment, he utilizes the concept of keyhole neurosurgery, minimizing the damage to surrounding brain, vascular and soft tissue structures. This approach has been demonstrated to decrease post-operative pain, minimize neurologic complications and shorten length of hospitalization, resulting in better outcomes for his patients. Since 2015, Dr. Louis has been involved with the development and implementation of Virtual and Augmented Reality technologies for pre-operative simulation and rehearsal and intraoperative navigation. Dr. Louis is passionate about and advocates for the implementation of virtual reality throughout the patient care continuum from preoperative planning and patient engagement, to intraoperative augmented reality through postoperative physical therapy and pain management.



**Anusha Wijeyakumar, MA, CPC, RYT, Dip Mentoring** is the Wellness Consultant for Hoag Hospital, one of the leading hospitals in the USA where she is actively engaged on championing mindfulness and meditation practices for maternal mental health programs, early risk assessment for breast & ovarian cancer prevention programs and breast cancer survivorship programs. Anusha is one of the first people to create a meditation program to be used in clinical research at Hoag Hospital. Anusha has recently published MEDITATION WITH INTENTION: QUICK & EASY WAYS TO CREATE LASTING PEACE.



**Allyson Brooks, MD, FACOG** is the Ginny Ueberroth Executive Medical Director Endowed Chair of Hoag Women's Health Institute. Dr. Brooks has developed comprehensive programs in maternal child health, minimally invasive gynecology, breast health, maternal mental health and integrated wellness. Dr. Brooks is a board-certified obstetrician/ gynecologist who retired in 2013 after 21 years in private practice in Newport Beach.