



Elizabeth Whitham, MD, MA is board-certified psychiatrist who specializes in reproductive psychiatry. She completed her general psychiatry residency training at Louisiana State University in New Orleans, and specialized training in Women’s Mental Health at Loyola University and the Hines VA Hospital. She has a master’s degree in the sociology of Women’s Health and brings this perspective to her practice of medicine, placing patients’ unique identities at the center of problem-solving in healthcare. She has authored papers on depressive disorders and has worked as a researcher on clinical studies of bipolar disorder and the depressive mixed state.